Emotional, Mental and Physical Health Building Supports

Student Assistance Program (SAP) / CARE

Team is a systematic process to assist school personnel in identifying issues, including problems with alcohol and drugs, which pose a barrier to student learning and success in school. Working with community agencies, SAP teams identify school supports and assist families in accessing community services.

Small Groups Counseling Sessions focus on educating students about stressors and healthy ways of coping.

Clinical Interviews assess the level of functioning, risk factors, protective factors and need for ongoing treatment. When appropriate, Mental Health Specialists provide guidance and make connections to therapeutic and/or community supports and resources.

Student Attendance Improvement Plans (SAIP) are developed for <u>students at risk for truancy.</u> A multidisciplinary team meeting with parents is held to create a plan to improve student attendance.

Multi-tiered Intervention Program is a program that includes a continuum of regular education supports and services to improve academic performance.

Special Education is specially designed instruction, at no cost to the parent, to meet the unique needs of a child with a disability. Psychoeducational evaluations are conducted by a school psychologist to determine eligibility for an Individualized Education Plan, (IEP).

Section 504 Service Agreement is a plan which outlines accommodations for students with a documented disability to enable them to successfully access the curriculum. Upon parent request, school counselors will evaluate for need.

ELEMENTARY COUNSELORS

Judith Root	Beaumont	610-240-1407
Tami Noel	Devon	610-240-1458
Karen Kilby	Hillside	610-240-1504
Robyn Michael	New Eagle	610-240-1556
Carolyn Swetkowski	Valley Forge	610-240-1605
Brett Hargest	All Elementary Schools: HargestB@tesd.net	

T/E MIDDLE SCHOOL COUNSELORS

Marguerite Gordon	5th Grade	610-240-1209
Maria Marano	6th grade	610-240-1217
Kristin Abell	7th Grade	610-240-1214
Rob Kirkby	8th Grade	610-240-1212

VALLEY FORGE MIDDLE SCHOOOL COUNSELORS

Meredith Marshall	5th Grade	610-240-1314
Kelly Neary	6th grade	610-240-1317
Bob Sola	7th Grade	610-240-1318
Andy Mullen	8th Grade	610-240-1319

CONESTOGA HIGH SCHOOL COUNSELORS

Student Last Name	School Counselor	Phone
A – Brou	Laureen Stohrer	610-240-1008
Brov – Deh	Justin Beasley-Turner	610-240-1015
Dei – Gi	Rachel Reavy	610-240-1007
Gj – Joh	Brian Samson	610-240-1012
Joi – Liu	Melissa McMenamin	610-240-1051
Liv – Meo	Jennifer Kratsa	610-240-1010
Mep – Ph	Danielle Yucis	610-240-1011
Pi – Sch	Dan McDermott	610-240-1009
She – Va	Katherine Barthelmeh	610-240-1038
Ve – Z	Megan Smyth	610-240-1013

Student Emotional Well-Being

Resources for Promoting the Social and Emotional Well-Being of Students in the T/E Schools



Tredyffrin/Easttown School District

940 West Valley Road Suite 1700 Wayne, PA 19087

www.tesd.net

August 2024



Your School Counselor is a great resource. They can help direct your concerns and connect you with school and community supports. There are many reasons to call your school counselor, including:

- I'm concerned about my child's academic performance
- My child has been bullied / threatened
- My child is showing signs of anxiety
- I suspect my child may have a disability
- My child has a mental health diagnosis and/or is meeting with a therapist outside of school
- My child is refusing to come to school
- My child seems lonely, sad, or worried very often

Concerns that Require Immediate Attention:

<u>I'm concerned that my child, or one of my child's</u> friends, may be having suicidal thoughts

- ⇒ If during school hours, contact your child's school counselor or mental health specialist.
- ⇒ If outside of school hours, contact one of the 24/7 Crisis/Suicide Helplines listed below.
- ⇒ If you are concerned about another child, contact the other child's family immediately.

My child was threatened online or in person off school grounds

- ⇒ Contact the local police or call 911.
- ⇒ If online, you may also use the reporting/flagging mechanism for that social media platform.
- ⇒ Safe 2 Say Something <u>www.safe2saypa.org</u>

Abuse

If you suspect a child is being physically or sexually abused or neglected, you may report your concerns to the Childline Child Abuse Registry at 1-800-932-0313.

Drug and Alcohol

If you believe your child, or someone else, is using drugs or alcohol, you may call these numbers below directly for support:

- ⇒ Chester Co. Department of Drug and Alcohol Services 610-344-6620
- ⇒ Caron Treatment Centers 844-260-1324
- ⇒ Safe 2 Say Something <u>www.safe2saypa.org</u>

24/7 Crisis/Suicide Helplines

- ⇒ Valley Creek Crisis Center: 610-280-3270
- \Rightarrow 988 Suicide & Crisis Lifeline: call or text
- ⇒ Call 911

Mental/Behavioral Health Concerns

- ⇒ Creative Health 610-948-6490
- ⇒ Community Services of Devereux 610-933-8110
- ⇒ Holcomb Behavioral Health Services 610-363-1488

Emotional, Mental and Physical Health Professional Staff

School Counselor - The foundation of student support in every building, school counselors are involved in a wide range of student and school issues including personal/social development, goal setting, student discussion groups, course selection and post-secondary planning, individual and group assessment, school climate and student activities.

<u>School Psychologists</u> - These individuals provide mandated individualized assessments to determine students' learning strengths and needs, assist with determining appropriate interventions and consult with students, families and school personnel.

<u>Mental Health Specialists</u> - Certified specialists are available to all schools for coordination of private services, individualized counseling and consultation with student assistance and IEP teams.

- **Jana Golboro** (Elementary Schools) 610-240-1450 ext. 15531
- Melissa Korsin (TEMS) 610-240-1215
- Lindsay Hannigan (VFMS) 610-240-1340
- Christine Dunleavy (CHS A-G) 610-240-1056
- Grace Gara (CHS H O) 610-240-1077
- Jenna Grabiak (CHS P Z) 610-240-1014

<u>Nurses</u> - School health services are offered to assist all students with their needs.

Administration

Mark Cataldi
Director of Assessment and Accountability
Supervisor of School Counselors
610-240-1905
CataldiM@tesd.net

Chris Groppe, Ed. D.
Director of Safety and Student Services
Supervisor of Mental Health Specialists,
School Nurses & School Psychologists
610-240-1919
GroppeC@tesd.net